

~ Breakfast ~

* *Gluten Free – (GF)*

(*We use Free Range Eggs*)

* *Vegan - (VG)*

Fruit Toast	2 slices of fruit loaf w/ butter	8
Cafe Style Toast	2 slices of either sourdough, dark rye or multi grain bread w/ a condiment (see below)	8.5
Bella’s Famous Egg & Bacon Roll	toasted roll with crispy rindless bacon and two fried eggs	13
Italian Toastie	sourdough bread toasted with ham and Artisan mozzarella cheese	13
Eggs Served Your Way	2 eggs served on sourdough toast (poached, fried or scrambled)	13
La Dolce Vita	sourdough toast, topped with fresh Artisan ricotta, honey , cinnamon & strawberries	13.9
Porridge	w/ banana, strawberries, yoghurt and honey	14.9
Granola Muesli	w/ natural low fat yogurt, banana OR mixed berries , honey and a small jug of milk	14.9
Crepes (GF)	3 light crepes served with banana, strawberries, maple syrup and vanilla ice cream	16.9
Avocado & Feta Delight	1 large slice of cafe toast with avocado, Danish feta and 1 poached egg	16.9
Breakfast Sliders	2 brioche sliders filled with spinach, tasty cheese, crispy bacon and 2 x poached eggs	19.9
The New Yorker	toasted roll with crispy rindless bacon, two fried eggs, tasty cheese & 2 hash browns	21.9
Breakfast Bruschetta	2 x zucchini fritters, spinach, grilled tomato, feta topped w a poached egg	21.9
Fountain Of Youth Bowl (GF)(VG)	blueberries, banana, acai & dates blended w organic coconut water topped with blueberries, strawberries, coconut, chai seeds and almonds	21.9
Sweet French Toast	2 slices of French toast served w/ caramelized banana, maple syrup & vanilla ice cream	22.9
Protein Breakfast	two poached eggs served on toast, w/ two mini lean beef sausages, avocado & spinach	22.9
Pope’s Eggs	English muffins w/ spinach, ham, two poached eggs, mushrooms & hollandaise on the side	22.9
Fungi	Toasted dark rye bread, topped with spinach, mushrooms, Danish feta and a poached egg	22.9
Stoke Street Stack (GF)	2 zucchini fritters, spinach, avocado, feta, 2 poached eggs, balsamic vinegar	22.9
Open Breakfast Wrap	piadina bread, relish, baby spinach, bacon, mozzarella cheese & scrambled eggs	23.9
Chilli Scrambled Eggs	scrambled eggs, chorizo, grilled Artisan halloumi, toasted sourdough & a side of chilli	23.9
Farmers Breakfast (GF)	2x gluten free bread, spinach, grilled tomato, halloumi, salmon, 2 poached eggs	23.9
Eggs Atlantic	English muffins, spinach, salmon, two poached eggs, mushrooms & hollandaise on the side	23.9
Omelette By The Sea	egg omelette, spinach, chorizo, Artisan halloumi cheese and a side of sourdough toast	23.9
Vegetarian (GF)	2x gluten free toast, scrambled eggs, 2 zucchini fritters, spinach, grilled tomato & avocado	24.9
Big Breakfast	2 x eggs (Poached, Scrambled or Fried) on sourdough toast, w/ crispy bacon, grilled tomato, mushrooms, 2 x hash browns, two mini lean beef sausages and a side of relish	24.9

Condiments:

Raspberry, Strawberry, Marmalade, Vegemite, Peanut Butter, Nutella, HP Sauce, Chilli Flakes,
Tomato Sauce, Herb Mayo, Hollandaise Sauce, Tomato Relish, BBQ, Tabasco, Honey 1 extra

Extras:

Grilled Tomato	4.5	Toast (Sourdough, Dark Rye or Multigrain)	3
Lean Smoked Chorizo Sausages	7	Salmon	6
Zucchini Fritters (2 per serve) (Gluten Free)	10	Avocado	4.5
Mushrooms	4.5	Rindless Bacon (Gluten Free)	6
Additional Egg	3	Baby Spinach	4
Mini Lean Beef Sausage (2 per serve) (Gluten Free)	7	Artisan Feta	4.5
Hash browns (2 per serve)	8	Artisan Halloumi Cheese	7
		Gluten Free Bread (1 Slice)	1.5

~ Brunch & Lunch ~

“View our display counter for more tasty options”

Our Meat, Chicken & Seafood is fresh NOT FROZEN

VEGETARIAN - VEGAN – GLUTEN FREE

Thick Potato Chips	w/ tomato sauce	10
Vegetarian Quiche	eggs, tomatoes, mushrooms, spinach and feta in a pastry case	10
Sweet Potato Chips	w/ Rosemary Herb mayo	12
Spanakopita	spinach and feta pie in filo pastry	12
Deconstructed Bruschetta	warm piadina bread, fresh tomatoes, oregano, side of tzatziki	15
Antipasto Piadina	Italian Piadina flatbread, herb mayo, baby spinach, zucchini fritter & grilled Halloumi	16.9
Eggplant Parmigiana (Gluten Free)	eggplant slices with mozzarella cheese and house made Napoli sauce	19.9
Halloumi Greens (GF)	2 zucchini patties, tzatziki sauce, fresh baby spinach, avocado & halloumi	21.9
Nude Burger (GF)	grilled halloumi cheese, baby spinach, avocado, tomato relish sandwiched between house-made zucchini patties served with sweet potato chips and herb mayo	23.9
Vegan Harvest (VG)	avocado, grilled tomatoes, sautéed mushrooms, sweet potatoes and wilted baby spinach topped with imported balsamic glaze and extra virgin olive oil	23.9
Vegetarian Sliders	2 mini brioche slider rolls filled with zucchini patties, mayonnaise, baby spinach and tasty cheese served with chips & tomato sauce	23.9
Wellness Salad (GF)	tossed green leaves, cucumbers, tomatoes, avocado, strawberries, walnuts topped w grilled halloumi cheese, drizzled with imported balsamic glaze and extra virgin olive oil	23.9
Atlantic Salad (GF)	smoked salmon, avocado, feta, tomatoes, walnuts on a bed of salad topped w/ low fat yogurt	24.9
Vegan Bowl (VG)	fresh baby spinach , avocado, mushrooms, grilled tomato, sweet potato chips drizzled with balsamic glaze and extra virgin oil and a sprinkling of chia seeds	24.9

PASTA & PIZZA

Margherita pizza	w/ Napoli sauce, mozzarella, basil and oregano	16
Nutella & Strawberry pizza	w/ Nutella, fresh strawberries, vanilla ice cream topped with flaked almonds	17.9
Ricotta & Spinach Cannelloni	fresh pasta tubes filled w ricotta & spinach w Napoli sauce & parmesan cheese	22.9
Lasagne	fresh housemade pasta, mozzarella cheese, Bolognese sauce, ham, béchamel sauce with a side salad	23.9

CHICKEN & MEAT

Lean pork sausage roll	house made pork & ricotta sausage roll in puff pastry	10
Chicken & Mushroom Pie	filled w/ chicken tenderloins & mushrooms served with tomato relish	14.9
Warm Chicken Salad	3 x marinated chicken tenderloins on a fresh Italian garden salad with Danish feta	23.9
Chicken Parmigiana (GF)	house-made schnitzel with mozzarella cheese, Napoli sauce served w chips	23.9
Chicken Sliders	2 mini brioche slider rolls filled with chicken tenderloins, avocado & mayonnaise served with chips & tomato sauce	23.9
	Gluten free bread 4 extra (4 slices)	
Scotch Fillet Steak	scotch fillet steak topped with sautéed mushrooms, chips and side salad	24.9
Club Sandwich	dark-rye bread, mayo, spinach, chicken tenderloins, bacon, avocado, cheese served w chips	24.9

~ Drinks ~

COLD

Soft Drink Coke, Diet Coke, Coke No Sugar, Sprite, Fanta, Lift 4.5

Mt Franklin Still Water 3.5

San Pellegrino Sparkling Beverages:

Chinotto, Limonata, Aranciata Rossa, Acqua Minerale Frizzante, (Sparkling) 250ml 4.5

Large Acqua Minerale Frizzante (Sparkling) 750ml 9

FRESHLY SQUEEZED JUICES

10

Ginger 1 extra

- Orange
- Apple
- Jungle Juice (Carrot, Celery & Apple)

NOAH'S BOTTLED JUICES apple /orange /tropical kiwi (mango, peach, kiwi, apple & lime blend) 5

SUPERFOOD SMOOTHIES (Full Cream, Skinny, Coconut Water or Milk Lab Almond Milk) 12

- **Berry Bliss** blueberries, banana, chia seeds, dates
- **Pineapple Delight** pineapple, banana, chia seeds
- **Naturally Green** avocado, baby spinach, banana, honey and chia seeds
- **Espresso Fix** coffee, peanut butter, banana, protein powder

MILK SHAKES Chocolate, Vanilla, Strawberry, Banana, Lime 9

KIDS MILKSHAKES Chocolate, Vanilla, Strawberry, Banana, Lime 4.5

BEERS

Crown Premium Lager 7.5

James Boags Premium Lager 7.5

Cascade Light 8.5

Corona 8.5

Peroni 8.5

HOT

Coffee - Premium Blend

Espresso, Ristretto, Short Macchiato, Long Macchiato, Long Black, , Piccolo, Latte, Cappuccino, Flat White 4

Mocha, Magic, Double Espresso, Hot Chocolate, Chai Latte, Dirty Chai 4.5

Iced Coffee / Ice Chocolate 10

Babychinos 1.5

Bon Soy Milk / Milk Lab Almond Milk / Lactose Free Milk .80 extra

Mug / Decaf .50 extra

Turmeric Tea (Indulge In A Pot Of Turmeric Tea with honey & lemon wedge) 5.5

Tea Drop Range – Indulge In A Pot Of Tea 4.5

English Breakfast, Earl Grey, Malabar Chai, Ceylon Strong, Spring Green, Honeydew Green, Oriental Jasmine

Cleopatra's Champagne (Chamomile), Peppermint, Fruits of Eden, Lemongrass Ginger, Darjeeling, Genmai Chai

Bella Cosi

*My three sons and I take great pride in our homestyle food and coffee...
We hope you enjoy your "Bella Cosi" experience...*



Fully Licensed Café

No Onions or Garlic in our food!

We don't freeze our food, all made fresh!

Gluten Free, Vegan & Vegetarian options available!